

# FACTBase Bulletin 62 Snapshot

Filling the Pool Starts  
Early: Learnings from  
Queensland

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THE UNIVERSITY OF  
**WESTERN  
AUSTRALIA**

Committee for



**This Bulletin reports on the findings on the 'Hands Up for Gender Equality' study, the aim of which was to examine gender differences in overall self-confidence, self-confidence development and career interests.**



## SELF-CONFIDENCE

**10,076** adolescent boys and girls in years 7-11 from 13 top matriculating single-sex schools in QLD formed the study

Activities which generate the most self-confidence



Significant in developing self-confidence:

- Unsupervised activities
- Having a part-time job



Travel



Team sport



Leadership roles/leadership development opportunities



Greatest detractors from the development of self-confidence:

- Computer gaming
- Social media use

## COMPARISONS

Boys are being given significantly more outdoor chores and spending more time on outdoor activities



Girls and boys derive **equal amounts** of self-confidence from the same activities



Hours spent per week on study

**Girls - 15 hours**  
**Boys - 11 hours**



Boys benefit from:

- 1.5x the amount of campus space
- 3x the amount of outdoor space



## CAREER

Awareness of parents' careers and qualifications



In year 7, **15% of girls** could not name their parents occupations vs **6% of boys**



Girls express significantly more **enthusiasm** in their reasons for **wanting to work** and their career interests

Career Preferences



Girls: social services and healthcare



Boys: science and technology

